

BOWL YOU OVER

JAMBEROO LAWN BOWLS NEWLETTER

John Hawes Two In A Row

John Hawes has once again prevailed in the club's Major Singles event.

Wrap up from Mad Dog below:



"Clash of the Titans" is an understatement for an epic contest played out on Sunday 21st of August. For 3 hours and 50 minutes a colossal duel with all the thrust and parry of a fight to the death was played out between defending champion John Hawse and legend Mick Souter in front of a crowd too enthralled to leave.

The first to 31 is never an easy match to play. You can only rely on yourself and the concentration and mental strength needed to emerge victorious is extreme. When you have two warriors slugging it out for end for end, to climb that mountain to 31 points, the game of bowls goes to another level.

The game was played in pleasant conditions with great sportsmanship shown by both players. John snuck away early to hold a lead that never seemed comfortable as Mick hung in for the long haul and edged he's way back in the constant ebb and flow of play. Micks never say die attitude saw him finally draw level with the scores at 20 all.

It was Micks turn to skip away edging a lead of 27-22. The atmosphere was palpable and John adding to his legend status started clawing back the lead end by end with steely resolve.

Like true heavyweight fighters they traded blows for almost 4 hours until John finally edged clear to win a tremendous epic final 31 to 30.

Congratulations to both contestants, Mr John Hawse 2022 Major Singles Champion and Mr Michael Souter a very worthy 2022 Major Singles Runner Up.

To coin the old cliché "Bowls was the winner" on this day.



FATHER'S DAY

Father's Day, the club will be holding two raffles. Dads can receive tickets by buying a drink at the bar. Draws at 2pm and 7pm.

Barefoot Bowls at 2pm.

COW DUNG CUP

The Cow Dung Cup is back on Saturday 01 Oct.

Triples event, 3 games of ten ends. Cost is \$60 per team includes lunch.

Over \$1000 in prizes.

Breakfast at 8-30 am (\$5) with cards called at 9am.

Enter NOW

JOKER DRAW NOW \$1450

The Club joker draw starts from **5pm** and is drawn at approximately

7:30pm, each purchase over the bar from a member gets them an entry into the draw.

Anniversary Pairs

Story by Geoff Wilson

The Anniversary Pairs competition was held on Sunday 17th July to celebrate a meeting of local citizens held in 1950 that made the decision to establish a Bowling Club in Jamberoo, which consequently led to the construction a club house and green that officially opened in 1954.

Under a mostly blue and pleasantly dry sky a generally bright-eyed and spritely bunch of 32 keen bowlers kept the bar staff in gainful employment despite the relatively early start.

It was heartening to see the broad mix of male and female contestants, those experienced and those relatively raw, the young and not-so, and the reasonably fit and not-so.

It was also pleasing to see some don more traditional bowls outfits for this commemorative day, although the lack of blood and grass stains on the knees and elbows suggested that the passion and commitment of days begone by maybe a tad on the wane.

Despite the controversial "random" draw for partners (apparently made by a retired air steward drinking alone at the bar and an Irish dishwasher plucked from the kitchen at the Wok 'n Grill) and a green preparation that may have favoured those who prefer short ends, the matches were generally well-contested and played in good spirit.

The bowlers presented Jo Woodward with a bunch on flowers marking her final day as Bar & Events Manager with the club.

'Farewell & thank you Jo Woodward. All the best to you for the future.

The format was that all teams played 3 matches of 8 ends, with the highest point scorers progressing to a 4-end play-off. The eventual winners were Ding (where has he gone now?) Duncan and Nick (who ate all the pies?) Goodger over evergreen Vic (which bowls are mine again?) East and Mick (I didn't get this nose playing bowls mate) Souter.

Special thanks to Kev "Skinny" Harris and Tez Stamp for their organization of the day.



'FIX MY GAME' - COACHING

Need help with your grip?
 Delivery needs an overhaul?
 Can't get the right length? Jeff O'Brien, Neil Lewis and Mick Souter are qualified bowls coaches and only too happy to spend some green time with you. Jeff runs a session every Monday at 3pm, or just arrange a time with one of the boys.

Social Bowls

Members and Guests are always welcome for social bowls on:

Tuesday @ 1pm

Friday @ 3pm &

Saturday @ 1pm

Call the club to get your name down at least a half hour before.

Cards are called ten minutes prior to the scheduled start.

Bring a friend

Did You Know?

Possession of the rink will belong to the player or team whose bowl is being played.

As soon as each bowl comes to rest, possession of the rink will transfer to the opposing player or team after allowing time for marking a toucher as soon as it comes to rest.

THE GAME OF BOWLS – ANCIENT BEGINNINGS (PART 1)

The game at Jamberoo has been going for 56 years. Lawn Bowls origins can be traced back 7000 years to the ancient Egyptians. Biased stone balls have been found in archaeological digs. The Romans had a version that was to become the modern day Bocce. The Romans brought the game to other places in Europe. Several countries adapted the rules to suit themselves and the conditions of the day. Boules in France and Lawn Bowls in Great Britain.

Lawn Bowls was played in England in the 12th Century. In 1555 Queen Mary banned bowls completely for the underclass. She believed the games were used for unlawful assemblies, conventicles, sedition and conspiracies. We can only hope the Directors of Club Jamberoo don't get any ideas. (Part 2 next edition)

MENS PENNANTS

The season has started well, after 3 rounds against formidable opposition, Jamberoo lead the competition with 3 wins from 3 games. Players representing the Jamberoo Club are as follows: Greg Clough, Brian Dooley, Warren Duncan, Martin Fogarty, Jeff Gray, Brian Harris, Kevin Harris, John Hawes, Ray Ingram, Shaun Langlands, Neil Lewis, Brian Moore, Reg Smithard, Mick Souter, Terry Stamp, Mick Twyford, Geoff Wilson, Barry Wray.

If the focus can be maintained, Jamberoo are well positioned to win the section.

Results

Round 1 - 13 August Bombaderry away Jamberoo won 60-51 9-1

Round 2 - 20 August Figtree Sports away Jamberoo won 74-56 10-1

Round 3 - 27 August Gerringong home Jamberoo won 69-44 9-1

Round 4 - 03 Sept Kiama home

Round 5 - 10 Sept Warilla home

Lighter Moments

The following beats Marty and Mad Dog's attempt at humour. The 3 best gags from the recent Edinburgh Fringe.

"I tried to steal spaghetti from the shop but female shop assistant saw me and I couldn't get pasta".

I was at the doctors, and he told me that I should stop masturbating.

I asked him why?

“Did you know , if you get pregnant in the Amazon, it’s next day delivery!”

Because I am trying to examine you.

“ My attempts to combine nitrous oxide and Oxo cubes made me a laughing stock”.

COACHING CORNER

FOCUS ON THE PROCESS, NOT THE OUTCOME.

The leading practicing sports psychologists rank this strategy highly.

This concept is best explained by the Chinese proverb “Focus on the process, not the prize. When the archer shoots for nothing he has all the skill, when he shoots for a brass buckle he is already nervous. When he shoots for a prize of gold he goes blind or sees two targets. He is out of his mind, his skills have not changed but the prize divides him, he thinks more of winning than shooting and the focus on the prize drains him of his power.

When we talk about **process** versus **outcome**, how is it applicable to lawn bowling?

When you move to the mat there is a **downside** to thinking about the end score or the overall match score; that if you had not dropped shots or you had trailed the jack, your team would be well ahead on the board. All the focus should be on the next shot to be played. **Listen to the skip, go through your usual routine and execute the shot.**

In close contests , the self talk and team talk is not “We are going to win this game” it is, “I am going to keep my concentration and focus on my next shot.

Do this and the result will look after itself.



CLUB CHAMPIONSHIPS 2022

MAJOR SINGLES

SEMIFINALS: John Hawes def Brian Harris 31-26, Mick Souter def Craig Harris 31-10

FINAL : John Hawes def Mick Souter 31-30

PAIRS

SEMIFINALS: Lorry East , Barry Wray def Kellie Greaves, Warren Duncan

Brian Harris, Kevin Harris def Nick Goodger, John Hawes

FINAL (to be played) Wray and East v Harris and Harris

FOURS

SEMIFINAL 1: Warwick Lindsay, Margret Stephen, Greg Clough, Brian Dooley def Mick Twyford, Shaun Langlands, Jeff Gray, Marty Fogarty.

SEMIFINAL 2: (to be played) Terry Stamp, Nick Goodger, Warren Duncan, Barry Wray versus Bill Brown, John krill, Bob Missingham, John Hawes.